



PSHE Unit Overview

Year 7	Autumn one	Autumn two	Spring one	Spring two	Summer one	Summer two
Key Skills	Managing Transition. Developing and maintaining friendships. Understanding rights and responsibilities.	Dealing with bullying. Understanding British Values.	Maintaining health and well-being. Making informed choices about health and well-being.	Understanding the role and influence of the media on lifestyle.	Developing economic awareness.	Making informed choices about health and wellbeing matters.
Key Content	Transition to secondary school. School Council. British Government and Politics.	Anti-bullying. British Values and being me.	Healthy Eating.	Advertising.	Budgeting.	Tobacco, drugs and alcohol.
Year 8	Autumn one	Autumn two	Spring one	Spring two	Summer one	Summer two
Key Skills	Understanding and assessing different methods of governance.	Understanding how the British Economy works and how financial choices can affect oneself and others.	Assessing and Managing risks to health. Recognising and managing emotions.	Assessing and managing risk. Identifying and accessing help, advice and support.	Respecting equality and being a productive member of a diverse community.	Understanding and managing physical and emotional changes. Making informed choices about health and wellbeing.
Key Content	School Council Politics	The British Economy	Emotional Well being	New Media including Social Media	Different People	Growing Up



Year 9	Autumn one	Autumn two	Spring one	Spring two	Summer one	Summer two
Key Skills	Rights and responsibilities as active citizens and understanding the role and influence of others	Responsibility to help others.	Maintaining spiritual wellbeing.	Understanding danger, preventing risk and staying safe.	The importance and role of family in everyday life.	Recognising and managing emotions, understanding and respecting diversity.
Key Content	School Council Human Rights and Community Cohesion	Eradicating Poverty	Spiritual Wellbeing	Keeping Safe Prevent.	Relationships: Family	Growing up.
Year 10	Autumn one	Autumn two	Spring one	Spring two	Summer one	Summer two
Key Skills	Enriching Communities through spiritual wellbeing		Social Responsibility		Financial Literacy	
Key Content	The rule of law Serving others locally, nationally and internationally		Public speaking Political participation		Employment Business and Enterprise	